High Out-of-Pocket Costs Hurt Seniors

Medicare beneficiaries increasingly spend a large percentage of their income on necessary medical treatment. For many seniors, out-of-pocket costs for prescribed medications are unaffordable. This results in treatment non-adherence and prescription abandonment—ultimately putting their health in jeopardy.



THE FACTS

45 million

Number of Medicare beneficiaries with Part D prescription drug coverage.

65%

Percentage of adults on Medicare living with 2+ chronic conditions.

\$3,000

Average amount spent out-of-pocket for medications in 2015 by 1 million Medicare beneficiaries who reached the catastrophic threshold.

\$8,100

Average amount spent in 2019 by Medicare beneficiaries with cancer, multiple sclerosis, arthritis and hepatitis C for specialty medications.

THE IMPACT

Out-of-pocket costs are unaffordable

Medicare beneficiaries' average out-of-pocket healthcare spending was 41% of their social security income in 2013 and is projected to rise to 50% by 2030.





High out-of-pocket costs reduce medication adherence

3 in 10 adults report not taking their medicines as prescribed in the past year because of cost. One-third reported their condition worsened as a result.



High out-of-pocket costs increase prescription abandonment rates

People are four times more likely to abandon their prescription when faced with a co-pay of \$50 or more.







The PAN Foundation advocates for a cap on out-of-pocket costs in Medicare Part D so that more Americans can access their critical medical treatment.

LEARN MORE AT panfoundation.org/advocacy

LEARN MORE AT panfoundation.org/advocacy

SOURCES

Centers for Medicare and Medicaid Services. CMS Fast Facts.

Available at: https://www.cms.gov/research-statistics-data-and-systems/statistics-trends-and-reports/cms-fast-facts/index.html

Centers for Medicare and Medicaid Services. Chronic Conditions Charts, 2015.

Available at: https://www.cms.gov/Research-Statistics-Data-and-Systems/Statistics-Trends-and-Reports/Chronic-Conditions/Chartbook_Charts.html

Centers for Medicare and Medicaid Services. Medicare Current Beneficiary Survey Annual Chartbook and Slides.

Available at: https://www.cms.gov/Research-Statistics-Data-and-Systems/Re-

search/MCBS/Data-Tables-Items/2015Chartbook.html?DLPage=1&DLEntries=10&DLSort=0&DLSortDir=descending

National Center for Health Statistics. Health, United States, 2017: With special feature on mortality. Hyattsville, MD. 2018.

Available at: https://www.cdc.gov/nchs/data/hus/hus17.pdf

Administration for Community Living. 2017 Profile of Older Americans.

Available at: https://acl.gov/sites/default/files/Aging%20and%20Disability%20in%20America/2017 OlderAmericansProfile.pdf

Jacobson G, Griffin S, Neuman T, Smith K. Kaiser Family Foundation. Income and Assets of Medicare Beneficiaries, 2016–2035.

Available at: https://www.kff.org/medicare/issue-brief/income-and-assets-of-medicare-beneficiaries-2016-2035/

Schoen C, Davis K, Willink A. Commonwealth Fund. Medicare Beneficiaries' High Out-of-Pocket Costs: Cost Burdens by Income and Health Status.

Available at: https://www.commonwealthfund.org/publications/issue-briefs/2017/may/medicare-beneficiaries-high-out-pocket-costs-cost-burdens-income

Cubanski J, Neuman T, Orgera K, Damico A. No Limit: Medicare Part D Enrollees Exposed to High Out-of-Pocket Drug Costs Without a Hard Cap on Spending.

Available at: https://www.kff.org/medicare/issue-brief/no-limit-medicare-part-d-enrollees-exposed-to-high-out-of-pocket-drug-costs-without-a-hard-cap-on-spending/

Cubanski J, Koma W, Neuman T. The Out-of-Pocket Cost Burden for Specialty Drugs in Medicare Part D in 2019.

Available at: http://files.kff.org/attachment/Issue-Brief-the-Out-of-Pocket-Cost-Burden-for-Specialty-Drugs-in-Medicare-Part-D-in-2019

Zivin K, Ratliff S, Heisler MM, Langa KM, Piette JD. Factors Influencing Cost-Related Nonadherence to Medication in Older Adults: A Conceptually Based Approach. Value Health. 2010; 13(4): 338–345.

Shrank WH, Choudhry NK, Fischer MA, Avorn J, Powell M, Schneeweiss S, et al. The Epidemiology of Prescriptions Abandoned at the Pharmacy. Ann Intern Med. 2010; 153:633–640.

Available at: https://annals.org/aim/article-abstract/746421/epidemiology-prescriptions-abandoned-pharmacy?volume=153&issue=10&page=633

