

Seniors are concerned about healthcare costs amidst feelings of loneliness and isolation



Seniors are experiencing isolation and loneliness

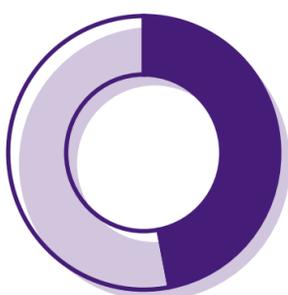


20% of all seniors say they have felt isolated and lonely during the last year.

The prevalence was higher for seniors diagnosed with:

A mental health condition

Cancer or a chronic illness



47%



33%

Mental health impacts every area of their lives

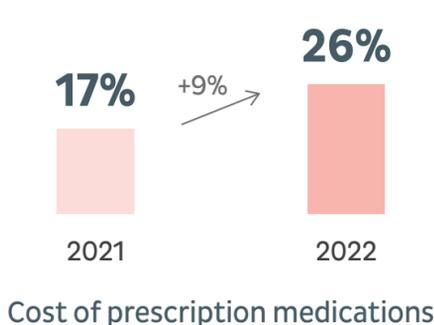
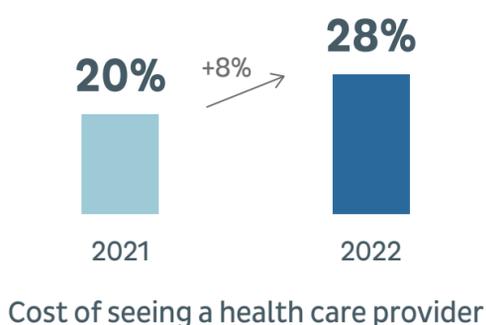


2 in 5 seniors with a chronic condition say they are concerned about maintaining their mental health.

Treatment costs are a rising concern

More seniors in 2022 than 2021 say the cost of care impacted their ability to seek treatment for a mental health condition.

Number of seniors who said cost was an obstacle to seek help or treatment.



Companionship and therapy could help

Regardless of their diagnosis, a majority of seniors say they would feel more socially connected if they had:



A companion or friend to regularly talk to
74%



One on one therapy
62%

[Explore the full results](#)

METHODOLOGY:

This poll was conducted between May 6–May 7, 2022 among a sample of 1,000 seniors. The interviews were conducted online and the data were weighted by gender, age, race/ethnicity, education level, and region. Results from the full survey have a margin of error of plus or minus 3 percentage points. A subsample of 222 seniors on Medicare with at least one chronic condition is also examined in this survey. The subsample data are unweighted and results have a margin of error of plus or minus 7 percentage points.

An original poll was conducted between April 22–May 4, 2021 among a sample of 1,000 seniors on Medicare with chronic conditions. The interviews were conducted online and the data unweighted. Results from the full survey have a margin of error of plus or minus 3 percentage points.

Data from the 2021 poll is compared to the 2022 unweighted subsample of seniors on Medicare with at least one chronic condition for trending purposes.