Seniors are concerned about healthcare costs amidst feelings of loneliness and isolation

The prevalence was higher for seniors diagnosed with:

- A mental health condition: 47%
- Cancer or a chronic illness: 33%

Mental health impacts every area of their lives

2 in 5 seniors with a chronic condition say they are concerned about maintaining their mental health.

Treatment costs are a rising concern

More seniors in 2022 than 2021 say the cost of care impacted their ability to seek treatment for a mental health condition.

Number of seniors who said cost was an obstacle to seek help or treatment.

- Cost of seeing a health care provider: 20% in 2021, 28% in 2022
- Cost of prescription medications: 17% in 2021, 26% in 2022

Companionship and therapy could help

Regardless of their diagnosis, a majority of seniors say they would feel more socially connected if they had:

- A companion or friend to regularly talk to: 74%
- One on one therapy: 62%

METHODOLOGY:

This poll was conducted between May 6-May 7, 2022 among a sample of 1,000 seniors. The interviews were conducted online and the data were weighted by gender, age, race/ethnicity, education level, and region. Results from the full survey have a margin of error of plus or minus 3 percentage points. A subsample of 222 seniors on Medicare with at least one chronic condition is also examined in this survey. The subsample data are unweighted and results have a margin of error of plus or minus 7 percentage points.

An original poll was conducted between April 22-May 4, 2021 among a sample of 1,000 seniors on Medicare with chronic condition. The interviews were conducted online and the data were unweighted. Results from the full survey have a margin of error of plus or minus 3 percentage points.

Data from the 2021 poll is unweighted to the 2022 unweighted subsample of seniors on Medicare with at least one chronic condition for trending purposes.

Explore the full results