

ADDRESSING SOCIAL DETERMINANTS OF HEALTH:

The key to positively influencing health outcomes and reducing disparities



Financial security

Adults and seniors struggle to pay for sudden health emergencies, particularly low-income adults, Black adults, women, and Hispanic seniors.

Based on their current financial situation, and without turning to money they may have in retirement accounts...



43%

of adults could not pay more than \$499 for a sudden health emergency.



24%

of seniors could not pay more than \$499 for a sudden health emergency.



30% of adults

say they could not afford to pay more than \$100 for a sudden health emergency.

Food insecurity

A third of adults have been concerned over the past 12 months about their ability to feed themselves and/or their family.

Among these adults...



2 in 5

adults are concerned at least once a week about feeding themselves and/or their family (43%).



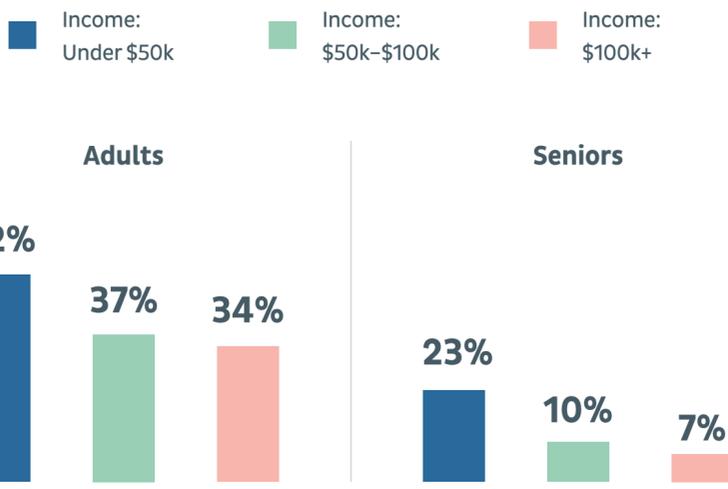
3 in 5

adults with cancer are concerned at least once a week about feeding themselves and/or their family (60%).

Housing & utilities

Adults and seniors with an income of less than \$50K are more likely than those with higher income levels to feel concerned about losing housing.

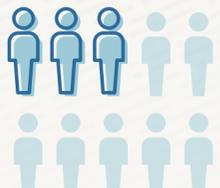
% concerned about losing housing due to financial struggles:



Health services

Low-income adults and seniors report they are not receiving eye exams and dental checkups at the recommended frequency, with even fewer Black and Hispanic seniors getting these checkups.

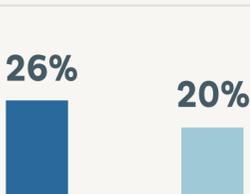
Eye exams



3 in 10

adults and seniors who do not receive an eye exam at the recommended frequency say they do not have vision insurance.

A quarter of adults and a fifth of seniors who do not receive an eye exam at the recommended frequency say they cannot afford to go once a year.



Dental cleanings

The top reasons adults and seniors do not receive a dental cleaning or checkup at the recommended frequency are that they:



Do not have dental insurance

31% of adults

33% of seniors



Cannot afford to go every six months

27% of adults

24% of seniors

Transportation

Lack of reliable transportation is preventing adults from getting where they need to go, especially among adults with health concerns.



A third of adults

with cancer or a rare disease say in the past 12 months, the lack of reliable transportation has often prevented them from getting to where they needed to go.

Explore the full results

METHODOLOGY:

A general population survey was conducted between November 29-30, 2021 among a sample of 2,200 adults. The interviews were conducted online and the data were weighted to approximate a target sample of adults based on gender, educational attainment, age, race, and region. Results from the full survey have a margin of error of plus or minus 2 percentage points.